

Health Cabinet Minutes, -2021 April 29

Attending: Pastor Ronnie Smith, Heddi Gregor, Sirkka Taylor, Marie Blair, Elizabeth Johns

Absent: Shakura Persaud (you were there in spirit) and Giselle (I hope you didn't have trouble with the ZOOM link).

FORMAT – the minutes are based on actions performed on previous minute items.

The catalogue is followed by a task list on pages 5,6 and 7.

1. Opening Devotion – Pastor Ronnie -(thank you)
2. Healing service –
 - a. was very well received and beautifully produced. Thank you to the participants – especially Arnold and Heddi for major roles, and the music team for being so accommodating. Most thanks, as usual, to Pastor Ronnie for carrying out the worship ministry in a virtual world.
 - b. There will be another Healing Service scheduled (since they are seasonal). We pray it will be in the sanctuary rather than on ZOOM.
3. WCCM – Christian Meditation (contact person Marilyn Metcalfe, deacon, St. George's Anglican Church, Pickering Village) –
 - a. Elizabeth did not reconnect with Marilyn, and Heddi said she would welcome the opportunity – thank you Heddi.
 - b. Pastor Ronnie gave strong support for the opportunity of meditation at Peace in keeping with WCCM practices – recognizing Marilyn Metcalfe's expertise in this matter.
 - c. the possibility of outdoor meditation under the trees in the Peace grounds IF the laws relax to outdoor gatherings was discussed. Although not feasible at present, Elizabeth feels that organizing in advance for immediate set up if the possibility arises is important.
 - d. Elizabeth and Sirkka DID explore the WCCM website and felt some downloadable resources may be of interest to parishioners, but it is not certain how that might come about.
4. Heddi's telephone ministry-

- a. Heddi's telephone devotional ministry continues and is very much appreciated by those whom she contacts and by Pastor Ronnie who feels as much support as possible connecting with those congregants more isolated is integral – and by more than one person.
- b. Elizabeth shared that during her telephone connections with congregants, there was positive feedback and gratitude for Pastor Ronnie's faithful connection with people.
- c. Elizabeth also shared that she had received phone calls from parishioners and would refer them to the pastor if there were urgent issues within his purview.
- d. Pastor said that he knew congregants were busy connecting with each other by phone support, outside of the intentional phone calls of the Health Cabinet, and this is an excellent indication of the strength and compassion of our congregation.
- e. All health cabinet members have called people.
- f. The general consensus was that we should change our original plan of divvying up the list between members and that we all contact people so that they have an opportunity to chat with a diverse sector of brothers and sisters in Christ.

5. Public Health information regarding vaccines in Durham –

- a. We did not touch on this item, but Sirkka's announcement about vaccines went out in the newsletter.

6. Future activity



- a. At the March 25 meeting, Sirkka suggested making a list of past ministries under the Health Cabinet and discuss their viability in the present. **I am in the process of compiling this from an extensive archive of Heddi's materials, and it should be ready for the next meeting.**
- b. The relationship between the pastor and the health cabinet – though not explicitly stated or altered during the meeting is evolving in his attentive support by attending meetings and advising as well as requesting that we continue telephone ministry and keep up with intercessions.
- c. Pastor Ronnie's willingness to attend health cabinet regularly is very much appreciated since before his incumbency, there was seldom a pastor attending.

7. Re-establishing contact with the chaplain of Ajax/Pickering Hospital – Lakeridge...
 - a. Marie Blair contacted Deb Chapman – who is the chaplain for Ajax/Pickering, who fondly remembered Heddi’s ministry there and asked to be remembered to her.
 - b. Deb says that there are no physical opportunities at the moment for worship or pastoral care visits, but that she would keep us posted.
 - c. As Peace is, the chaplaincy at the hospital is taking the time to revisit their practice structure.
 - d. Deb asks for intentional prayer for the chaplaincy – her co chaplain is Kan, so Deb and Kan and their ministry will be added to our intercession list.
8. Online therapeutic communication training workshops – a refresher for former members and open to any congregation member?
 - a. Sirkka examined two textbooks that had been used for previous Christian Caregiving seminars by the health cabinet, and felt that there was merit to both. One entitled “Christian Caregiving (a way of life, Kenneth C. Haugh) she said was excellent,
 - b. and she recommended the chapters on active listening in “the Ministry of Listening” by Donald Peel – we have multiple copies of this book if anyone is interested. I will leave one for the Pastor at the church. He says he feels he has already read this one.
 - c. Marie recommended a book called “A Healing Presence”.
 - d. Marie also suggested a book entitled “Parish Nurse” as a beneficial read and has a section of how “”, which is very much on our minds at present.
 - e. Elizabeth DID find reference to lay leader training on the synod website
9. Touching base with intercessors -
 - a. An article about the intercessor prayer ministry and call to new intercessors will be drafted by Marie, based on a previously published pamphlet. She will send to members for review.
 - b. Elizabeth and Sirkka’s names will be published for contacts (as co-cordinators).

- c. Elizabeth hopes there can be a September meeting of intercessors – ideally in person (albeit outdoors) or, if necessary, on ZOOM.
 - d. Elizabeth is going to ask the current intercessors for any comments about the ministry they feel may be helpful to put in the newsletter (anonymously or otherwise).
10. A date was set for the next meeting: ????



	Task	Person	TimeLine	Action Taken
1	Phoning more isolated parishioners	Pastor and everyone and encouragement to hose not on health cabinet who mention in passing they are connecting with others and appreciation.	As often as possible without feeling pressure	ONGOING
2a	WCCM and Marilyn Metcalfe	Heddi	Soon	Heddi immediately phoned Marilyn Elizabeth spoke with Marilyn Friday, April 30 AM Meditation sessions are ongoing on ZOOM – through WCCM It is possible to set up a Peace group The times are at 10AM and 7:30 PM on Tuesdays all are welcome We missed the newsletter for May.
<input checked="" type="checkbox"/>	To send WCCM Meditation sessions to the June newsletter	Elizabeth		
2b				
2c	Include Marilyn’s invitation to meditation with the intercessors’ updated list	Elizabeth	May 1	
<input checked="" type="checkbox"/>				
3	A vaccination report for the newsletter	Sirkka	By the next newsletter deadline (if possible)	DONE, Thank you Sirkka
<input checked="" type="checkbox"/>	Contacting the hospital chaplain	Marie	By the next meeting	DONE, as above, thank you Marie
4a	Researching lay pastoral care training guides	Elizabeth	By the next meeting	With Pastor’s approval, Elizabeth will write directly to synod to see if there is a synod wide group of Christian Caregivers –
4b				

				Parish nurse groups or lay pastoral care with support and training albeit virtual. (There IS such an indication on the Website, but it would be good to touch base). A new FB group -0 Lutheran women is opening up some contacts
5	Intercessor gathering date/agenda	Pastor and everything through prayer	To discuss at the next meeting	Hopefully, tentatively set for September, date, venu, and format to be finalized
6	Intercessor prayer list update 	Elizabeth		completion May 1st
7	Ask David Maginley about workshops 	Elizabeth	Wednesday before Easter during his session at Peace	David Maginley did not show for the final Peace meeting, so there was not this opportunity. I feel there is enough to go on at present.
8a	Intercession notice in newsletter	Marie And Health Cabinet members	Sometime before the June Newsletter deadline to draft Will be based on the previous brochure	
8b		Elizabeth	With the posting of the new intercessor prayer list will elicit feedback from current intercessors – words of wisdom	

			and encouragement to share in the newsletter.	
9a	Intentional prayer for community organizations with which Peace has connected	Elizabeth- Pastor put forward: the foodbanks, the Super Sophia Project, the 12 step programs. Elizabeth suggested upholding the Olive Branch and the Peace ministry as well as Synodical ministers and seminarians	May 1st	
10	Studying and ordering books	Sirkka – ongoing reading Elizabeth – ordering and reading Marie – reading as feeling moved to	Ongoing – but report next meeting	Sirkka and Elizabeth ordered “The Parish Nurse” (Granger). 2 copies in total since that was all that was available. Elizabeth ordered “Good Grief” also by Granger. And “How to Grow your Health Ministry” (I can’t remember the author.